

Empowering survivors
by creating moments
through the power of film.

POINT OF VIEW STORY

*Point of View Story creates guided psychoeducational short films used to **increase awareness, deepen trauma processing, and reduce re-exploitation** for survivors of commercial sexual exploitation and trafficking. The films coupled with a facilitator guide equips service providers with an intervention tool to address therapeutic stuck points and enhance the healing process. Watch. Talk. Heal.*

IMPACT

- **Client Empowerment** *Empower clients to uncover their worldview and beliefs on their own terms*
- **Facilitator Empowerment** *Support facilitators/therapists with a CSE-specific tool, empowering them to better support clients*
- **Innovative Treatment** *Experience an innovative intervention that ignites body-based and cognitive exploration rooted in Cinema Therapy and Theories of Learning*
- **Program Outcomes** *Mitigate treatment barriers and enhance the recovery process with a client-centered approach*

CREATING MOMENTS

Have you ever experienced a meaningful moment while watching a film or hearing a story?

Point of View Story (POVS) was established from a filmmaker's passion to create *meaningful moments* for people through story. Many of us can recall a scene from a film that evoked emotional and personal connection. This lingering impact lasts because story connects to our worldview and core beliefs. Film allows us to interpret our own meaning from story as it relates to our lived experience. ***Point of View Story is creating meaningful moments to empower survivors of commercial sexual exploitation through the power of film.***

At a basic level films can provide psychoeducation on human experiences and aid in understanding of nuanced topics. With the guidance of a skilled clinician, **films can be a platform to release stored trauma from the body, create cognitive meaning, and find healing.**



Interested in a CSE-specific tool that creates opportunity to deepen trauma processing and mitigate stuck points?

FILM + HEALING JOURNEY

Films create space to

- Promote empowerment
- Mitigate shame
- Decrease isolation
- Strengthen empathy
- Increase insight
- Gain self-awareness
- Provide education
- Unveil hidden beliefs
- Desensitize topics
- Engage with somatic processing
- Develop post-traumatic growth
- Reduce reexploitation

"Immersion in film viewing distracts the ego so that it disengages from its usual function as the primary filter of awareness... [Film] has the capacity to provide viewers with a transformative and intellectual and [psychological] experiences in which self-discovery can occur."

-John Izod and Joanna Dovalis, Cinema as Therapy

"Point of View Story films act as a form of therapeutic containment. Through viewing a narrative held within a tangible screen, the client can safely engage with thoughts, feelings, and body sensations about a character outside of themselves. This desensitizes topics that may otherwise feel threatening to the nervous system."

*-Emily Taylor-Ginger, LCSW
Point of View Story*

ADDRESS STUCK POINTS

Topics to help clients get unstuck

- Self Sabotage
- Choice
- Trust
- Betrayal
- Coercion
- Relationships
- Power imbalances
- Boundaries
- Manipulation
- Victim to survivor

"When psychotherapeutic tools are used to process [a] movie-prompted experience, healing and transformation can take place"

-Birgit Wölz, PhD, MFT



pointofviewstory.com | mark@pointofviewstory.com

WATCH. TALK. HEAL.